Get in the zone with your favorite music.

JBL Reflect Fit Heart Rate wireless sports headphones with JBL Signature Sound are designed to help you train in the zone. With its heart monitor technology, compatible with most heart rate enabled fitness apps, you can stream the pulse readings directly to your phone for data analysis and receive real-time updates through the headphones with just a single touch. The secure fit ergonomics design adapts to your movement for a distraction-free wearing experience. This, combined with its sweat-proof construction, makes the JBL Reflect Fit the perfect workout companion. The Reflect Fit is not only great for workouts, it’s also the perfect partner for any moment of your active lifestyle: thanks to the extended 10-hour battery life and integrated microphone with vibration call alert, you will never miss a beat or a call.
REFLECT FIT
Heart Rate Wireless Headphones

Features and Benefits

JBL Signature Sound
For over 70 years, JBL has engineered the precise, naturally articulated sound found in high-end cinemas, arenas and recording studios around the world. That legendary JBL sound is now available anywhere personal audio travels.

Live heart rate feedback
Get instant heart rate read-outs without touching your phone or device.

Hands-free calls + vibration alerts
Never miss a call thanks to Call Vibration Alerts, the headphones vibrate to alert you of an incoming call.

Secure fit ergonomics
Lightweight, flexible neckband design combined with ergonomic ear tips (Freebit™) help the headphones stay put through the most intensive workouts.

10H battery life
15 minutes of quick charge 1 hour of music playback.

Sweat proof
Ramp up the intensity of your workouts without fear. Boasting an IPX5 level, these headphones are built to work with you at your sweatiest.

What's in the box:
1 pair of JBL Reflect Fit headphones
3 sizes of ergonomic sport ear tips (S, M, L)
1 Carrying pouch
1 Charging cable
1 Quick start guide
1 Warranty card
1 Warning sheet
1 Safety sheet

Technical specifications:
- Premium 5.8mm Dynamic Driver
- Connection: Micro USB cable for charging
- Charging time: Less than 2 hours
- Support: BT 4.2, A2DP v1.3, AVRCP v1.6, HFP v1.6, HSP v1.2
- Battery life with heart rate monitoring on: 10H
- Frequency response: 10Hz – 22kHz
- BT transmitter frequency range: 2.402-2.480GHz
- Transmitter power: <4dBm
- Transmitter modulation: GFSK, π/4 DQPSK, 8DPSK
- Battery capacity: 3.7/200mAh
- Weight: 37g